

Sacred Fire & Safe Harbor

Donations of Healing

Did you know that Virginia is ranked in the **top ten worst** states in the nation for human trafficking? Also, did you know that Richmond has one of the most incredible nonprofits doing the work day-by-day with clients who are survivors of human trafficking and/or abuse? Safe Harbor **offers counseling to both adults and children (as young as five), safe housing at one of four secured and undisclosed homes, court advocacy, and even hospital/emergency room accompaniment** to provide advocacy and support to individuals who have experienced domestic violence and/or sexual assault.

On a personal level, I've known too many (usually women) who have lived true stories of being abused, and too often they suffered without anyone to tell and did not have a resource like Safe Harbor to lean on to help them through. In Virginia alone, **1 in 8** men and **double** that number of women will experience domestic violence in their lifetime. Many of the women I've known have strength and a depth of character that defies the dark days they endured. I would like to think that there was some combination of human kindness, their own tenacity and capacity for compassion that brought them through. Often there are stereotypes we conjure in our minds about who abuse happens to, or what an abuser looks like, and one of the more frightening and sobering facts is that *most abusers are people the abused knows* -**EVERY 60 seconds**, 20 people in the US are physically abused by an intimate partner. This is regardless of race, age, economic class...or anything else we use to categorize people. Human trafficking also carries with it assumptions that it happens in foreign countries, crossing borders with promises of a better life in the U.S. So, imagine my own surprise as I became educated through the volunteer orientation at Safe Harbor that Virginia is ranked in the top ten worst states for active human trafficking cases, and RVA is terrifyingly active in this criminal trade that preys upon the most vulnerable (usually 11-18 year old teenagers).

Therefore, we are pleased to announce the **Sacred Fire** Healing Arts has chosen to donate energy work services to Safe Harbor clients who may benefit from healing sessions, and would otherwise be unable to afford this type of self-care. **For each new referral you make, we'll donate 20%** of our time and typical fees toward a session for a sexual abuse/human trafficking survivor. (That means that just four new clients a month generates a free session for a Safe Harbor client in need.) Additionally, we are changing the way we offer discounts, by thanking our clients who make referrals to help us get to our goal of donating these services at Safe Harbor. When three of your referrals have booked a first session, you will receive a 20% discount on the service of your choice.

In the meantime, if you'd like to learn more about Safe Harbor, please go to www.safeharborshelter.com. And if you know anyone who may need to know more about the resources there, please give them the number below. It's not a hotline, but it can be a true lifeline for individuals who don't know what do about the situation they are in or recently experienced. The hotline is manned 24/7 and is not just for crisis situations. Thanks for taking the time to learn a bit more about Safe Harbor and our give back program. ~ Sincerely, JJ @ Sacred Fire Healing Arts

24/7 HELP LINE: 804.612.6126

www.safeharborshelter.com



www.sacredfire-healing.com